

ScreenITdx - Childhood Mental Health Disorders

Physician Treatment Plan

Typical Pediatric Development

Typical or "normal" child and adolescent development includes a variety of stages and tasks that a child progresses through in order to achieve social, emotional, behavioral, cognitive, or physical milestones. Within normal limits is the diagnostic description given to the attainment of these milestones.

Prescriptive Treatment Plan for the Primary Care Physician

Proceed with routine medical care when the patient's functioning is within normal limits (See below):

Social functioning - support healthy peer relationships, observe and intervene when changes in behavior occur.

School functioning - advise the parent to attend conferences, monitor school progress (daily/weekly), observe and intervene when changes in behavior occur.

Family functioning - facilitate family time, set limits, adopt a sound behavioral discipline system with rules, rewards, and consequences, observe and intervene when changes in behavior occur.

General - do not over-indulge, or over-protect in order to preserve and enhance independence and positive self-esteem.

All diagnoses require additional diagnostic and treatment data. As the treating professional you should obtain this information from a variety of sources, including the ICD, DSM, PDR, patient histories, medical records, and interviews. This information should always be used in conjunction with the **ScreenITdx** applications.

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