

ScreenITdx - Childhood Mental Health Disorders

Educator Treatment Plan

Typical Pediatric Development

Typical or "normal" child and adolescent development includes a variety of stages and tasks that a child progresses through in order to achieve social, emotional, behavioral, cognitive, or physical milestones. Within normal limits is the diagnostic description given to the attainment of these milestones.

Prescriptive Treatment Plan for Educator

All Successful Interventions Require a Team Orientation that Include the Parent (or Guardian), Educational Staff, Family Physician, and Mental Health Specialist(s)

Proceed with routine academic interventions when the child/adolescent's functioning is within normal limits (See below):

Social functioning - support healthy peer relationships, observe and intervene when changes in behavior occur.

School functioning - advise the parent to attend conferences, monitor school progress (daily/weekly), observe and intervene when changes in behavior occur.

Family functioning - facilitate family time, set limits, adopt a sound behavioral discipline system with rules, rewards, and consequences, observe and intervene when changes in behavior occur. Use your classroom as a way of modeling pro-social behaviors for both parents and children. Collaboration, team work, and effective communication are paramount in producing better students and parental cooperation.

General - a balance of authoritative parent techniques facilitates Self-esteem. Over indulging a child's response does not provide them with opportunities to solve problems or behave in a flexible manner. Preserve and enhance independence and positive self-esteem.

All diagnoses require additional diagnostic and treatment data. As the treating professional you should obtain this information from a variety of sources, including the ICD, DSM, PDR, patient histories, medical records, and interviews. This information should always be used in conjunction with the **ScreenITdx** applications.

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