

ScreenITdx - Childhood Mental Health Disorders

Chart Documentation

Obsessive Compulsive Disorder

Obsessive Compulsive Disorder can be present in childhood/adolescence and is recognized in children/adolescents with dual diagnoses, such as autism or in children/adolescents diagnosed with Tourette's Syndrome. The child/adolescent often "has thoughts that they cannot get out of their head" or obsessions. They may perform rituals or compulsions, as a means of relieving pressure as well as fear anxiety, and/or panic attacks.

Chart Instructions:

1. Print the chart note for the appropriate diagnosis (category outcome) identified by the ScreenITdx (TM) clinical screening tool.
2. Check the clinical criteria that support the diagnosis.
3. Use the CPT code for the current medical examination (observation, patient report corroborated by other reports, objective tests, other diagnostic assessments and consultation with other providers).
4. Record (check the box, list, or circle) the symptoms, plan, criteria that apply (See below).

Chart Record:

Patient presents with the following complaints and symptoms as defined by the DSM/ICD standards

Physician (parent and/or teacher) observation, parent report and the /current Diagnostic assessment.

ScreenITdx Assessment shows the following criteria were observed:

- Irritability or self-frustration.
- Self-deprecation and inflexibility.
- Repetitive actions in response to heightened nervousness.
- Obsessions and/or compulsions.
- Odd rituals or superstitious behavior.
- Excessive thinking resulting in negative emotions.
- Black or white thinking style.
- Picky or fastidious.
- Low self-esteem and social avoidance.

Rigid cognitive and behavioral styles.

Physical hypersensitivity (to clothing, chemicals, etc.), hyper-vigilance, emotional oversensitivity

Needs to be correct or continually verbalizes a need for their /feelings/rights to be reassured or respected.

Plan:

Refer to appropriate mental health provider.

Implement the following parent/patient and/or educator treatment plan.

Other [_____].

Diagnosis:

Diagnostic Code (i.e., DSM or ICD) - [_____] Obsessive Compulsive Disorder

All diagnoses require additional diagnostic and treatment data. As the treating professional you should obtain this information from a variety of sources, including the ICD, DSM, PDR, patient histories, medical records, and interviews. This information should always be used in conjunction with the **ScreenTdx** applications.

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